

## RECORD ESTIVAL ET ROUTE LABELLISE

|               |                    |                |            |                          |
|---------------|--------------------|----------------|------------|--------------------------|
| 200 m         | COUDRET LAURENT    | 30 " 20        | 08.05.2005 | SAINTES                  |
| 400 m         | BOUGOIN MICHEL     | 1 mn 10 " 20   | 05.05.2002 | SAINTES                  |
| 800 m         | DABIN GERARD       | 2 mn 19 " 85   | 09.05.2004 | SAINTES                  |
|               | DABIN GERARD       | 2 mn 17 " 14   | 07.05.2006 | BRESSUIRE                |
| 1000 m        | DABIN GERARD       | 3 mn 08 " 59   | 04.06.2008 | POITIERS                 |
| 1500 m        | BOUGOIN MICHEL     | 5 mn 21 " 51   | 18.05.2002 | SAINTES                  |
|               | COUDRET LAURENT    | 5 mn 21 " 26   | 03.05.2008 | POITIERS                 |
| 3000 m        | BOUGOIN MICHEL     | 12 mn 25 " 74  | 12.04.2003 | POITIERS                 |
|               | DABIN GERARD       | 10 mn 42 " 17  | 04.05.2003 | ST JEAN D' ANGELY        |
|               | DABIN GERARD       | 10 mn 28 " 37  | 18.05.2003 | SAINTES                  |
| 5000 m PISTE  | LOCHON JEAN PIERRE | 22 mn 56 " 84  | 23.05.2004 | SAINTES                  |
| 5000 m ROUTE  | DABIN GERARD       | 18 mn 50 "     | 16.04.2006 | LUSIGNAN                 |
| 7500 m ROUTE  |                    |                |            |                          |
| 10 km ROUTE   | DABIN GERARD       | 38 mn 26 "     | 06.04.2003 | NAINTRE                  |
|               | DABIN GERARD       | 38 mn 03 "     | 20.03.2005 | CHATELLERAULT            |
| 15 Km ROUTE   |                    |                |            |                          |
| 20 Km ROUTE   | PILLET SERGE       | 1 H 34 mn 18 " | 26.09.2010 | TOURS                    |
|               | PILLET SERGE       | 1 H 33 mn 49 " | 13.05.2012 | POITIERS ( Futuroscope ) |
|               | SIMON ALAIN        | 1 H 26 mn 07 " | 27.10.2019 | LA ROCHELLE              |
|               |                    |                |            |                          |
| SEMI MARATHON | DABIN GERARD       | 1 H 26 mn 35 " | 17.10.2004 | NIORT                    |
|               | DE VITA BRUNO      | 1 H 26 mn 06 " | 18.03.2018 | LA ROCHELLE              |
|               | DE VITA BRUNO      | 1 H 25 mn 55 " | 01.04.2018 | CHATELLERAULT            |

## RECORD HORS STADE NON HOMOLOGUE

|                       |                  |                |            |                        |
|-----------------------|------------------|----------------|------------|------------------------|
| 5000 m ROUTE          | COUDRET LAURENT  | 20 mn 29 "     | 11.11.2007 | CHASSENEUIL            |
|                       | GUILLOT FREDERIC | 19 mn 16 "     | 06.05.2012 | ITEUIL                 |
|                       | DE VITA BRUNO    | 18 mn 59 "     | 19.11.2017 | BONNEUIL MATOURS       |
|                       | DE VITA BRUNO    | 18 mn 33 "     | 28.04.2019 | ITEUIL                 |
| 7500 m ROUTE          | BOUGOIN MICHEL   | 32 mn 17 "     | 26.10.2003 | ST MAURICE LA CLOUERE  |
|                       | GUILLOT FREDERIC | 29 mn 58 "     | 28.10.2012 | ST MAURICE LA CLOUERE  |
|                       | DE VITA BRUNO    | 28 mn 58 "     | 22.10.2017 | ST MAURICE LA CLOUERE  |
|                       | DE VITA BRUNO    | 28 mn 38 "     | 17.06.2018 | VERNON                 |
|                       | DE VITA BRUNO    | 28 mn 34 "     | 02.09.2018 | COULOMBIERS            |
| 10 Km ROUTE           | BOUGOIN MICHEL   | 43 mn 32 "     | 13.10.2002 | VOUNIEUIL / BIARD      |
|                       | COUDRET LAURENT  | 42 mn 57 "     | 10.03.2007 | LENCLOITRE             |
|                       | COUDRET LAURENT  | 42 mn 27 "     | 01.05.2007 | BUXEROLLES             |
|                       | GUILLOT FREDERIC | 38 mn 00 "     | 26.02.2012 | BIARD                  |
| 15 Km ROUTE           | BERGEON GERARD   | 1 H 22 mn 51 " | 26.10.2003 | ST MAURICE LA CLOUERE  |
|                       | DABIN GERARD     | 1 H 19 mn 04 " | 15.08.2007 | SAINT CYR              |
|                       | COUDRET LAURENT  | 1 H 06 mn 22 " | 09.09.2007 | ST JULIEN L' ARS       |
|                       | DE VITA BRUNO    | 1 H 03 mn 07 " | 23.09.2017 | VIVONNE                |
|                       | DE VITA BRUNO    | 1 H 00 mn 10 " | 28.10.2018 | ST MAURICE LA CLOUERE  |
|                       | DE VITA BRUNO    | 59 mn 22 "     | 01.03.2020 | NIORT                  |
| 15 Km MARCHE NORDIQUE | AUMOND EMMANUEL  | 2 H 11 mn 19 " | 29.02.2020 | ST AMANT DE MONTMOREAU |
| 20 Km ROUTE           | DABIN GERARD     | 1 H 19 mn 01 " | 01.06.2003 | MIGNALOUX              |
| SEMI MARATHON         |                  |                |            |                        |

## RECORD EN SALLE

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|              |                 |         |            |                   |
|--------------|-----------------|---------|------------|-------------------|
| MARTEAU 6 Kg | LACOMBE ANDRE   | 21 m 50 | 26.05.2007 | POITIERS          |
|              | LACOMBE ANDRE   | 22 m 01 | 09.06.2007 | BONDOUFLE         |
| MARTEAU 7 Kg | BOUGOUIN MICHEL | 14 m 97 | 18.05.2002 | SAINTES           |
|              | BOUGOUIN MICHEL | 15 m 65 | 04.05.2003 | ST JEAN D' ANGELY |
|              | BOUGOUIN MICHEL | 15 m 76 | 09.05.2004 | SAINTES           |
|              | BOUGOUIN MICHEL | 16 m 24 | 23.05.2004 | SAINTES           |
|              | LACOMBE ANDRE   | 19 m 47 | 19.05.2007 | SAINTES           |

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|               |                       |                |            |                          |
|---------------|-----------------------|----------------|------------|--------------------------|
| 3000 m        | DABIN MARIE CHRISTINE | 15 mn 53 " 02  | 05.05.2002 | SAINTES                  |
|               | DABIN MARIE CHRISTINE | 15 mn 04 " 70  | 18.05.2002 | SAINTES                  |
| 5000 m ROUTE  | LAMY MIREILLE         | 32 mn 48 "     | 09.05.2009 | LA ROCHELLE              |
|               | DELAVALT FRANCOISE    | 30 mn 13 "     | 11.05.2013 | LA ROCHELLE              |
|               | PEREIRA SYLVIE        | 30 mn 02 "     | 12.05.2018 | LA ROCHELLE              |
|               | BOUHET ISABELLE       | 26 mn 18 "     | 14.04.2024 | CHATELAILLON             |
| 7500 m ROUTE  |                       |                |            |                          |
| 10 Km ROUTE   | DABIN MARIE CHRISTINE | 1 H 02 mn 07 " | 20.03.2005 | CHATELLERAULT            |
|               | DABIN MARIE CHRISTINE | 59 mn 26 "     | 03.04.2005 | NAINTRE                  |
|               | BOUHET ISABELLE       | 52 mn 20 "     | 11.11.2017 | LA ROCHELLE              |
|               | HARZIC NATHALIE       | 46 mn 25 "     | 20.11.2022 | BONNEUIL MATOURS         |
| 15 Km ROUTE   |                       |                |            |                          |
| 20 Km ROUTE   | BERLAND LAURENCE      | 1 H 56 mn 18 " | 08.10.2023 | PARIS                    |
| SEMI MARATHON | DABIN MARIE CHRISTINE | 2 H 15 mn 09 " | 17.10.2004 | NIORT                    |
|               | BOUHET ISABELLE       | 2 H 07 mn 50 " | 26.05.2018 | POITIERS ( futuroscope ) |
|               | GARNIER FLORENCE      | 2 H 02 mn 26 " | 20.03.2022 | LA ROCHELLE              |
|               | MARICOURT LYDIA       | 1 H 51 mn 14 " | 12.11.2022 | JARNAC                   |
|               | MARICOURT LYDIA       | 1 H 47 mn 54 " | 19.03.2023 | LA ROCHELLE              |
| MARATHON      | DABIN MARIE CHRISTINE | 5 H 16 mn 02 " | 07.03.2004 | PAPHOS ( CHYPRE )        |
|               | DABIN MARIE CHRISTINE | 4 H 31 mn 48 " | 09.04.2006 | PARIS                    |
|               | POUPARD ANNE          | 3 H 54 mn 38 " | 26.11.2023 | LA ROCHELLE              |

## RECORD HORS STADE NON HOMOLOGUE

|              |                       |                |            |                                |
|--------------|-----------------------|----------------|------------|--------------------------------|
| 5000 m ROUTE | DABIN MARIE CHRISTINE | 36 mn 18 "     | 20.11.2011 | MONTAMISE                      |
|              | DELAVALT FRANCOISE    | 27 mn 46 "     | 04.06.2016 | SAINT GEORGES LES BAILLARGEAUX |
|              | BOUHET ISABELLE       | 27 mn 22 "     | 27.06.2021 | POITIERS                       |
| 7500 m ROUTE | DELAVALT FRANCOISE    | 48 mn 11 "     | 21.04.2013 | NIEUL L' ESPOIR                |
|              | DELAVALT FRANCOISE    | 47 mn 43 "     | 02.06.2013 | MIGNE AUXANCES                 |
|              | DELAVALT FRANCOISE    | 47 mn 10 "     | 08.06.2014 | VOUILLE                        |
|              | DELAVALT FRANCOISE    | 46 mn 19 "     | 26.10.2014 | SAINT MAURICE LA CLOUERE       |
|              | DELAVALT FRANCOISE    | 45 mn 53 "     | 29.03.2015 | NIEUL L'ESPOIR                 |
|              | DELAVALT FRANCOISE    | 43 mn 47 "     | 03.09.2017 | COULOMBIERS                    |
|              | BOUHET ISABELLE       | 37 mn 30 "     | 29.12.2017 | LAVAUSSÉAU                     |
|              | MARICOURT LYDIA       | 35 mn 14 "     | 30.12.2022 | LAVAUSSÉAU                     |
| 10 Km ROUTE  | BERGEON CHANTAL       | 1 H 08 mn 07 " | 01.05.2007 | BUXEROLLES                     |
|              | DABIN MARIE CHRISTINE | 1 H 06 mn 43 " | 15.08.2007 | SAINT CYR                      |
|              | DELAVALT FRANCOISE    | 1 H 05 mn 35 " | 01.02.2015 | CHALANDRAY                     |
|              | DELAVALT FRANCOISE    | 1 H 02 mn 49 " | 30.04.2017 | ITEUIL                         |
|              | DELAVALT FRANCOISE    | 59 mn 52 "     | 20.05.2017 | LA TURBALLE                    |
|              | BOUHET ISABELLE       | 51 mn 39 "     | 14.01.2018 | FONTAINE LE COMTE              |
| 15 Km ROUTE  | DELAVALT FRANCOISE    | 1 H 55 mn 00   | 06.09.2015 | COULOMBIERS                    |
|              | DELAVALT FRANCOISE    | 1 H 52 mn 28 " | 12.06.2016 | VOUILLE                        |
|              | DELAVALT FRANCOISE    | 1 H 46 mn 12 " | 10.06.2018 | VOUILLE                        |
|              | DELAVALT FRANCOISE    | 1 H 45 mn 37 " | 02.09.2018 | COULOMBIERS                    |
|              | HARZIC NATHALIE       | 1 H 12 mn 26 " | 31.03.2019 | NIEUL L' ESPOIR                |
| 20 Km ROUTE  | BERGEON CHANTAL       | 2 H 16 mn 56 " | 11.03.2006 | LENCLOITRE                     |
|              | BOUHET ISABELLE       | 2 H 02 mn 37 " | 25.03.2018 | LOUDUN                         |
|              | MARICOURT LYDIA       | 1 H 47 mn 25 " | 15.01.2023 | FONTAINE LE COMTE              |
|              | MARICOURT LYDIA       | 1 H 42 mn 29 " | 14.01.2024 | FONTAINE LE COMTE              |

## RECORD EN SALLE

3000 m MARCHE    **BERGEON CHANTAL**    23 mn 46 "    20.05.2006    COGNAC

6 H MARCHE  
NORDIQUE    **DRAPPEAU GUILLOT ETHEL**    38 km 500    19.03.2022    SAINT GENARD

24 H MARCHE  
NORDIQUE    **DRAPPEAU GUILLOT ETHEL**    130 km 419    18.09.2021    SAINT MAIXENT

POIDS 4 Kg    **BERGEON CHANTAL**    5 m 13    07.05.2006    BRESSUIRE

JAVELOT 600 g    DABIN MARIE CHRISTINE    8 m 16    04.05.2003    ST JEAN D' ANGELY  
DABIN MARIE CHRISTINE    8 m 79    18.05.2003    SAINTES

7,5 km MARCHE  
NORDIQUE    **LUCAS PASCALE**    1 H 12 mn 50 "    01.09.2019    COULOMBIERS

15 Km MARCHE  
NORDIQUE    **DRAPPEAU GUILLOT ETHEL**    1 H 56 mn 44 "    27.03.2022    PUYMOYEN